

## **A Pastor's Heart**

### **Encouragement from Pastor McGill**

#### **Trust Him and Rest**

*Trust in the Lord with all thine heart; and lean not unto thine own understanding. Proverbs 3:5*

One of the most comforting things about being a believer and living the abundant life is having a trusting relationship with the Lord. In today's scripture there are some key things to extract. Trusting God is key to being able to successfully navigate through the twist and turns and ups and downs of everyday life. It is not possible to have peace without trust. Every relationship will struggle and eventually fail without trust. One of our biggest misconceptions is that people view faith and trust the same way. They are vastly different. I have counseled many people and have had to make a distinction between the two. Faith in someone says that I believe they will do the right thing. Trust says that I know they will do the right thing and I will not spend any time wondering or worried about them doing the right thing. If you do wonder or worry about them doing the right thing, you don't trust them. When my family takes a road trip out of town, my wife may read a book, or take a nap, my children will play video games or fall asleep. They are not the least bit concerned about Dad being up or driving safely. Why? Over time Dad has successfully driven them to and from various destinations. What they are saying is "Dad we trust you so much we'll go to sleep and not worry about you taking us somewhere else." You can have faith in someone that you just met. Trust however, is built over time and is born out of a relationship. Trust is gained through a period of consistent fellowship. God did not ask Abraham to sacrifice Isaac until they had spent over 35 years together. It took time for their relationship to get to that point. There are many people who have not entered into a trusting relationship with God because they are not spending time with Him. Marriages fail because trust is never established. If you want a miserable life, marry someone that you don't trust and you will have one. Once trust is established, however, you are guaranteed peace even when the storms arise. Even the world understands this principle as you see many financial institutions that put the word trust in their names; they want you to feel safe with them handling your money without any worry of them violating your trust. They want you to be able to go about your daily business having peace knowing that your retirement and financial well-being is secure. They will often use their longevity and track record as key selling points to put you at ease. Unfortunately there are believers who have more trust in these institutions than they do in God.

The scripture tells us to trust in The Lord with ALL your heart and to not lean to our own understanding. This revelation really helps my walk with the Lord and allows me to go through sickness, disease, death, calamity, natural disasters and all the devastation that our generation is witnessing with peace, hope, joy and encouragement because I truly trust God, even when there is more that I don't understand than that which I do understand. When we don't trust the Lord with ALL our heart we begin to pick and choose what we want to hold onto and what we want Him to have. When I FEEL myself getting worried or losing peace, I DOUBT my FEELINGS and I trust God. If I don't understand why, I don't lean or depend on my knowledge; I lean and depend on His knowledge. His ways and thoughts are higher than my own. This allows me to function despite the pains and wounds of life. It is not only a great way to live but it is the way Jesus commanded us to live. When you trust Him, you sleep well at night and even take naps in the day. Glory to God. Trust God and Rest today. Make it a great day.

#### **Blessings and Peace**

*Pastor McGill*