

A Pastor's Heart

Encouragement from Pastor McGill

What are you full of?

Luke 4:1 *And Jesus being full of the Holy Ghost returned from Jordan, and was led by the Spirit into the wilderness,*

We've all heard the saying 'you are what you eat.' There is biblical truth to these words both physically and spiritually. The Lord gave his people a diet that would cause them to live fruitful, healthy lives. He was very specific in what was clean and unclean. The manufacturer knows what needs to go into his creation. The Lord gave us a spiritual diet as He instructed us to meditate on His word day and night. He knows what we need to be full of. Jesus was full of the Holy Spirit and left no room for anything else to seep in. It is easy to be led by the Spirit when we are full of His Spirit. We must be careful not to eat the wrong things. Doubt, fear, unbelief, and confusion are just a few of the items on the menu that God does not recommend we receive. When we do receive these things we become full of doubt or fear and it becomes difficult to move in obedience or stay on a consistent course because we are full of the wrong things. Be quick to change your diet. As you go through the course of your day there will be many things offered to you through various mediums, television, the internet, radio, cell phones, and acquaintances just to name a few. No one would go into a restaurant and eat everything on the menu. We don't have to receive everything that's offered to us. Is this offer coming from the Right Spirit? Remember who you are and the diet that you are on. Every day ask God to fill you with His Spirit and when you feel yourself getting hungry again, only eat what He serves from His table. This ensures that you will please God today and give to others what He has given to you. What a wonderful God we serve Who has freely given to us His Spirit. Let your light shine today. God bless you and I love you.

Blessings and Peace

Pastor McGill